



PORTER HOSPITAL ANESTHESIA CARE

Welcome to the Porter Hospital Anesthesia Care Department. Our board certified Anesthesiologists & expert Certified Registered Nurse Anesthetists (CRNAs) use the most modern anesthetic techniques to make your surgical experience as safe and comfortable as possible.

Before Surgery

Prior to surgery, an anesthesia provider will conduct a preoperative interview with you. We will discuss your health concerns, determine the safest type of anesthetic for you and answer any questions you might have. This also allows us time to schedule any preoperative testing you're still in need of, such as additional lab work or an electrocardiogram (EKG). In most cases we will have the opportunity to review notes from your primary care provider who can provide us with valuable information about your general health. At the end of your interview, you'll either be cleared for anesthesia or have clear, detailed instructions as to what you need to do next.

During Surgery

It is the role of your anesthesia care provider to establish surgical anesthesia, monitor your vital signs and help you to be as comfortable as possible. Upon arrival to the operating room, the type of anesthesia you have elected will begin and surgery will commence. Throughout the procedure we continuously monitor your blood pressure, heart rate and rhythm, blood oxygen levels and temperature among other important physiologic parameters. No matter what type of anesthetic you select, an anesthesia provider will be at your bedside providing one on one care from the moment you enter the operating room.

After Surgery

After your procedure, you'll be transferred to the Post Anesthesia Care Unit (PACU, also known as the Recovery Room) where you will be monitored until you've fully recovered from anesthesia. Our post anesthesia care nurses and anesthesia providers work together to identify and treat any side effects of anesthesia you might encounter. A staff member is on call around the clock to address any issues which may arise once you've left the Post Anesthesia Care Unit and are settled into your room. When possible, one of our staff members will check in with you the day after surgery to ensure you're making steps towards a speedy recovery.

A collaborative effort between Champlain Valley Orthopedics and Porter Hospital

