



PORTER HOSPITAL PATIENT AND FAMILY SERVICES

The Patient and Family Services Department is made up of hospital social work and RN discharge planning staff. We will meet with you during your Porter Hospital pre-operative appointment visit to begin discussion around your plans following post-surgery discharge from the hospital. At hospital discharge, many of our patients choose to return home with assistance from their local Home Health or Visiting Nurse Association, while others may choose to transfer directly to a rehabilitation center. We will help you explore your options and help make the decisions that are right for you based on life style, home location, health factors, family needs, etc... It is our goal to make your transition from hospital discharge back into your home or to a rehabilitation center as easy and stress free as possible.

Prior to your surgery we encourage you to bring up any concerns you may have about your upcoming hospital stay. Concerns patients bring up at these meetings are as varied and individual as our patients themselves. Examples of concerns we have helped patients with in the past are:

- assisting with scheduling respite care for family members left at home whom are unable to care for themselves while the patient is undergoing surgery and recovery
- assisting with insurance forms
- obtaining insurance pre-authorizations
- addressing questions about hospital policy regarding visitors
- discussing types of items you should bring from home

A collaborative effort between Champlain Valley Orthopedics and Porter Hospital

